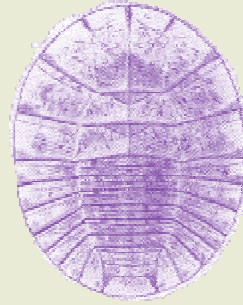


Upper Merrimack River
Local Advisory Committee
PO Box 3019
Boscawen NH 03303



We'll see you there!

10 Bottom Feeding Strategies That Can Save Your Life



Penny-wise or pound-foolish?
The diet for the ideal figure:
18mm to 10mm
in just 6 weeks!

Ten feeding strategies that could add ten days to your life

The top 3 places to take your pupae for February vacation

Riffles, glides, pools, big rocks, and more—trips that even your nymphs will love!

Feeder's Digest

Between a rock and a riffle place

Seconds to safety on the Merrimack

"I shouldn't be alive!"



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www.merrimackriver.org

It may not be a dramatic life and death struggle but it is

the Eleventh Annual

BUG NIGHTS

Since 1995, volunteers including anglers, students, teachers, paddlers, and others interested in the health of the Upper Merrimack River and general river ecology have enjoyed learning about these fascinating creatures and what they tell us about water quality.

Your work as a citizen scientist helps determine the health of the Upper Merrimack watershed.

Training is *free*, fun, and a great way to spend quality time for an evening with family and friends as well as an opportunity to make new acquaintances.

A more fulfilling life begins on Wednesdays with friends, family, and bugs!

Upper Merrimack Monitoring Program Bug Nights 2007 sessions are held on Wednesdays at St. Paul's School, start at 6:00 PM, and end promptly at 9:00 PM.

An instructional training and refresher class will be conducted at the first session on January 17, 2007.

Refresher and additional training will be provided at each session.

All equipment and alcohol (denatured preserving) are provided—just bring yourself and a friend.

Upper Merrimack Monitoring Program Bug Nights 2007 Schedule

January 17* February 14♥ March 14

January 31 February 28 March 28

*instructional training and refresher class

♥Bug "Sweetheart" Night

Directions to St. Paul's School from Interstate 93: Take I-89 north from Concord to exit 2 to Clinton Street. From exit ramp, take left up hill under I-89 to flashing yellow light (approximately 1/4 mile). Take right on Silk Farm Road. Pass the Audubon Society of NH on left (1/4 mile). Continue on Silk Farm Road to stop sign and turn right onto Dunbarton Road. Pass gymnasium on right and park in lot for Payson Lab in front of Memorial Hall (left across from athletic fields) and enter building from lot and go up one floor.

Questions? Contact Michele Tremblay or Steve Landry at 603.796.2615 or mlt@naturesource.net or visit the Upper Merrimack Monitoring Program at merrimackriver.org.